

# **Mid-Atlantic Section**

American Urological Association, Inc.

# NEWSLETTER

March, 2010

#### 2009 - 2010 OFFICERS

#### **President**

Jay B. Miller, M.D. Wyomissing, Pennsylvania

#### **President-Elect**

Harry P. Koo, M.D. *Richmond, Virginia* 

#### **Secretary**

Louis L. Keeler, III, M.D. *Voorhees, New Jersey* 

#### **Treasurer**

Stanley Zaslau, M.D.

Morgantown, West Virginia

#### **Immediate Past President**

Marguerite C. Lippert, M.D. *Charlottesville, Virginia* 

#### Historian

Benjamin H. Lowentritt, M.D. *Baltimore, Maryland* 

#### **Board of Directors**

Toby C. Chai, M.D.

Baltimore, Maryland
Gregg R. Eure, M.D.
Virginia Beach, Virginia
B. Mayer Grob, M.D.
Richmond, Virginia
Thomas W. Jarrett, M.D.
Washington, DC
Jonathan A. Roth, M.D.
Voorhees, New Jersey
Edouard J. Trabulsi, M.D.
Philadelphia, Pennsylvania

## Representative to AUA Board of Directors

Thomas J. Rohner, Jr., M.D. *Hershey, Pennsylvania* 

#### **Executive Director**

Stanley F. Alger, III 900 Cummings Center, Suite 221-U Beverly, MA 01915 (978) 927-8330 • Fax (978) 524-8890

#### PRESIDENT'S MESSAGE

It was an honor for me to assume the presidency of the Mid-Atlantic Section of the American Urological Association (MA-AUA) during the 67th Annual Meeting in Williamsburg, Virginia this past October. My sincere appreciation goes out to the entire Section Membership and I am proud to report that another successful year is anticipated in 2010.

Our Annual Meeting last fall provided us with an excellent series of comprehensive educational presentations and I would like to thank Dr. Raymond Costabile and his 2009 Program Committee for their hard work in putting together such a fine scientific program. The attendees enjoyed 34 Oral Paper Presentations, 24 Moderated and 20 Display-Only Posters Presentations, a Point/Counterpoint Session on Lichen Sclerosis, and





Special Topic Lectures on Male Factor Infertility, Screening for Prostate Cancer, Hypospadias, and Erectile Function Preservation Strategies after Radical Prostatectomy. There were Panel Discussions on Female Pelvic Reconstruction Urology vs. Female Pelvic Medicine and Laparoscopic vs. Open Partial Nephrectomy as well as an Urology Practice Lecture on Surgery for High Risk Prostate Cancer. Dr. Steven Schlossberg, Chair of the AUA Health Policy Council, provided us with a Health Policy Update and Dr. Stuart Howards, from the American Board of Urology, gave us an update on ABU initiatives. In addition to these guest speakers, Dr. Anton Bueschen, President of the AUA, provided us with the annual report from the National organization and Dr. Eila Skinner, of the Keck School of Medicine, spoke on Risk

(continued on page 3)

#### SECRETARY 'S CORNER

As Dr. Miller indicated in his report, we anticipate that 2010 will be another successful year for the Mid-Atlantic Section of the AUA (MA-AUA) and that the economic recovery, although a slow one, shows promise in the year ahead.

What follows is my report on additional details from the 2009 Annual Meeting in Williamsburg, Virginia.

Our 67th Annual Meeting had a total attendance of 231 and, of that, 37 were Fellows or Residents which is an important figure considering the National organization's latest initiatives with respect to Residents Committees eventually existing on both the AUA and Section levels. In addition, 45 companies



Louis L. Keeler, III, M.D.

exhibited with 6 of them having provided additional funding and/or symposia or equipment in support of the 2009 scientific program. As a complement to the overall historical

(continued on page 7)

























#### From the President

(continued from page one)

Adapted Strategy for Bladder Cancer as our 2009 Hugh Hampton Young Lecturer.

To round out the educational portion of the meeting an optional Coding Seminar, conducted by Dr. Michael Ferragamo, and an optional Ultrasound Training course, conducted by Drs. Daniel Rukstalis and Jennifer Simmons were offered. Dr. Robert Older provided us with his traditional Howard M. Pollack X-Ray Conference which has always been a favorite. The traditional Resident Prize Essay contest also took place and the winners are noted on this page of this issue of the Newsletter. Congratulations to the all of the winning participants!

The social events of the 2009 Annual Meeting were excellent and I complement

Dr. Roger Schultz on his judicious utilization of the venues in the historic Williamsburg and Jamestown areas. Roger further impressed us with his clarinet expertise as his Klezmer band, "Bagels & Fraylox", provided the entertainment during the Friday night reception.

I am also pleased to report that our Section had 5 candidates submitted for the next class of the AUA Leadership Program; their applications will be reviewed with the final 2 names selected during our upcoming Interim MAAUA Board meeting.

The MA-AUA Board of Directors will. once again, have a number of business items on the plate this year including the final payment of the Section's contribution toward the AUA Foundation Scholar Project which had been approved during the Annual Meeting in Bermuda in November of 2007. I am also pleased to report that our Section had 5 candidates submitted for the next class of the AUA Leadership Program; their applications will be reviewed with the final 2 names selected during our upcoming Interim MAAUA Board meeting. Should any MAAUA members wish to share their thoughts on what the Section and/or the AUA Leadership can do for you feel free to contact me through the MAAUA Administrative offices (MAAUA@prri.com or

978.927.8330).

Thank you again and I look forward to seeing you on September 23-26, 2010 in Farmington, Pennsylvania, at the beautiful Nemacolin Woodlands, for our 68th Annual Meeting.

Jay B. Miller, M.D.

#### 2009 Resident Prize Winners

#### 1ST PRIZE

Does the Yield of Random Bladder Biopsies Justify Their Use in the Assessment of Patients Following Intravesical BCG Therapy?

Matthew Resnick, MD

University of Pennsylvania School of Medicine

#### 2<sup>ND</sup> PRIZE

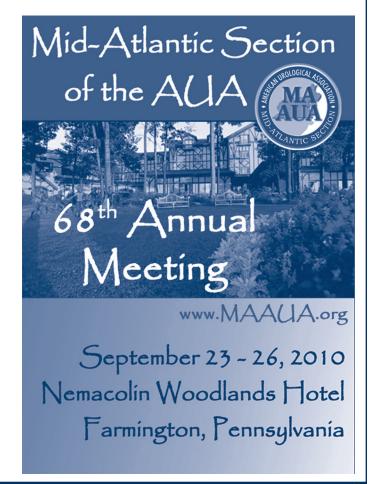
Evaluation of the Prostate Cancer Prevention
Trial Risk Calculator in a High-Risk
Screening Population

David Kaplan, MD Fox Chase Cancer Center

#### 3RD PRIZE

Pelvic Lymph Node Dissection is Associated with Venous Thrombo-embolism Risk during Laparoscopic Radical Prostatectomy John Eifler, MD

Brady Urology Institute



# Recent Activities of the MID-ATLANTIC SECTION of the AMERICAN UROLOGICAL ASSOCIATION BOARD OF DIRECTORS

From the Annual Business Meeting, October 3, 2009 Williamsburg, Virginia

The 2009 Annual Business Meeting of the Mid-Atlantic Section of the American Urological Association, Inc., was called to order at 8:00 a.m.the President, Dr. Marguerite C. Lippert. Dr. Lippert acknowledged the companies that were present during the Williamsburg meeting and thanked them for their support of the 2009 program. She then called for an approval of the 2008 Annual Business Meeting minutes.

#### **Report of the President**

Dr. Lippert thanked both the Membership and the Board of Directors for their support during her Presidency over the last year and expressed special appreciation to Dr. Raymond Costabile, for his efforts as Program Committee Chairman and to Dr. Roger Schultz for a superb job in organizing the memorable social activities taking place in the historic Williamsburg area that weekend. She also thanked Dr. Anton Bueschen, AUA President, for attending the meeting and Drs. Stuart Howards and Eila Skinner who would be delivering the ABU and Hugh Hampton Young presentations later that morning.

#### Report of the Secretary

Dr. Louis L. Keeler, III, Secretary, reviewed the current membership statistics of the Section noting a total of 1117 members: 689 Active, 286 Senior, 57 Associate, 5 Honorary, 6 Affiliate and 74 AUA Candidate Members. Of those members, 9 were in arrears of membership dues for over two years. In accordance with both the Section and AUA By-laws, those in arrears for over two years will be notified and dropped effective November 1, 2009 if they have not brought their dues current by that date.

Dr. Keeler then reviewed the following actions that were taken by the Board of Directors at its meetings on March 15, 2009 and October 1, 2009:

- The Board of Directors received communication from the AUA regarding the eligibility requirement for the Leadership Program. The AUA Board of Directors approved an increase in the eligibility requirement for this program from 10 to 15 years out of training. The AUA Board also approved an increase in the leadership class from 2 to 3 participants for each of the larger AUA Sections for just the 2010-2011 cycle, after which this step will be re-evaluated. Dr. Keeler noted that promotion of the Leadership Program had been circulated by both the AUA and the Section encouraging younger members of the Section to apply.
- The Board approved payment of the second of three installments to fund the Section's Research Scholar program through the AUA Foundation. The final payment will be made in 2010 and, after that installment, the Section's Research Scholar program will commence.
- The Board reviewed the latest initiatives for Young Urologist and Resident Committees on the National level. In light of these initiatives, it was determined that the Section's Resident Committee Representative, Dr. Jason Bonslaver, would give

an update during the meeting and his presentation had taken place the day prior to the Business Meeting. On behalf of the Board Dr. Keeler thanked Dr. Bonslaver for his hard work with the National group and indicated that the leadership looked forward to hearing more from him as these committees develop – potentially even on the Section level.

 The Board continued to work with the Canadian Journal of Urology in publication of the Annual Meeting abstracts in advance of the Williamsburg Meeting.

#### Report of the Treasurer

In the absence of Dr. Stanley Zaslau, Treasurer (who was unable to make the business meeting), Dr. Keeler reported that the Section's financial records as of August 31, 2009 indicated assets of \$826,874. In the light of the difficult economy, the Investment Committee had recommended to "stay the course" and the Section was now starting to see some investment progress again; although it was noted that the process will be slow. Total receipts as of August 31st were \$384,510; and total disbursements were \$205,742; resulting in an operating surplus of \$178,768 as of the end of August and before final expenses for the 2009 Annual Meeting are included.

#### Report of the Historian

As the Section Historian had recently resigned, Dr. Lippert reported on the Necrology and informed the membership that the following members had passed away since the last Annual Meeting; the membership observed a moment of silence:

Edward W. Campbell, Jr. Lutherville, MD Leon R. Culbertson Washington, DC Louis W. Doroshow Baltimore, MD

In addition Dr. Lippert expressed the Section's gratitude to Tupper Stevens, and her staff from the AUA, for bringing the AUA Didusch Museum's "Civil War Medicine" exhibit to historic Williamsburg to complement the overall historical theme of the meeting.

#### **Report of the Program Committee**

Dr. Raymond Costabile, Chair, thanked his committee for their efforts in organizing an outstanding scientific program. Dr. Costabile noted that a total of 105 abstracts had been submitted, with 34 Oral Presentations, 6 of which were eligible for the Resident Prize Essay program, 24 Moderated and 20 Display-Only Posters being accepted. In addition a Point/Counterpoint Session, 4 Special Topic Lectures, 2 Panel Discussions, 2 Urology Practice Lectures, an optional Coding Seminar conducted by Dr. Michael Ferragamo, and an optional Ultrasound Training course conducted by Drs. Daniel Rukstalis and Jennifer Simmons were in the program along with the traditional Howard M. Pollack X-Ray Conference being conducted by Dr. Robert Older.

Dr. Lippert thanked Dr. Costabile and his committee again for a fine job on the 2009 program.

(continued on next page)

#### **Recent MA AUA Activities**

(continued from previous page)

## Report of the Local Arrangements Committee and the AUA Coding and Reimbursement Committee

Dr. Roger Schultz recapped the social events planned including the well-received theme reception at the Jamestowne Settlement. He noted that everyone will enjoy the Annual Banquet which would continue the historical theme with music and guests in Colonial Williamsburg fashion. As Dr. Schultz also serves as the Section's Representative to the AUA Coding and Reimbursement Committee, he updated the membership on RUC surveys.

Dr. Lippert thanked Dr. Schultz again for his hard work in serving the Section in a number of capacities over the past year.

#### Report of the Representative to the AUA Board of Directors

Dr. Thomas Rohner, the Section Representative to the AUA Board of Directors, provided a formal report of the activities of the AUA. He shared highlights of the latest calls and meetings, noting that focus had been given to the AUA Leadership Program, the Urology Workforce Taskforce, The International Education Plan, and the Male Circumcision Task Force.

At the conclusion of Dr. Rohner's report, Dr. Lippert noted that this year was his last as the AUA Board Representative, and she, along with all present, thanked him for his excellent service in representing the Section on the National level.

#### **Report of the Nominating Committee**

Dr. Leonard Gomella reported that the Nominating Committee, consisting of Drs. Jack Mydlo, Thomas Jarrett, Douglas McKinney, Michael Naslund and himself, had prepared the report which was emailed to the membership earlier in the fall. The Nominating Committee now formally presented the following slate for Section appointments as distributed to the Membership and Dr. Gomella noted that, due to the recent resignation of the previous Historian, the individual for that position was a new one now being proposed:

President Jay B. Miller, MD
President-Elect Harry P. Koo, MD
Secretary Louis L. Keeler, III, MD
Treasurer Stanley Zaslau, MD
Historian Benjamin H. Lowentritt
Board of Directors Members (continuing terms):

Toby C. Chai, MD Gregg R. Eure, MD B. Mayer Grob, MD Jonathan Roth, MD

New Board of Directors Members (3-year terms):

Thomas W. Jarrett, MD Edouard J. Trabulsi, MD

Representative to AUA Board of Directors:

John H. Lynch, MD

Alternate Representative to AUA Board of Directors:

Craig A. Peters, MD

Nominating Committee:

Dan Theodorescu, MD Stanley B Malkowicz, MD Alternate AUA Health Policy Committee Representative:

Kent L. Rollins, MD

AUA History Committee Representative:

Benjamin H. Lowentritt, MD

AUA Nominating Committee Representative:

Alan J. Wein, MD

Leonard G. Gomella, MD, Alternate

AUA Residents Committee Representative:

Jason Bonslaver, MD

AUA Young Urologists Committee:

Tiffany M. Sotelo, MD

In addition to these nominations, Dr. Gomella noted some additional names that were being proposed for consideration by the AUA for other AUA committees, but that final decision on those committees would be made at the National level.

VOTED to close the nominations and instruct the Secretary to cast one ballot for the slate as presented by the Nominating Committee.

Dr. Gomella also called attention to the following names being proposed for AUA Awards in 2010:

#### **Award** Nominee

Ramon Guiteras Award W. Marston Linehan, MD
Hugh Hampton Young Award William D. Steers, MD
Gold Cystoscope Award Robert G. Uzzo, MD
Lifetime Achievement Award
Eugene Fuller Triennial Prostate Award

William P. Didusch Art and
History Award

H. Ballentine Carter, MD
Toby C. Chai, MD

Rainer M.E. Engel, MD

Distinguished Contribution Award
Distinguished Service Award
Gold Cane Award

Rainer M.E. Engel, MD
Gerald H. Jordan, MD
Stanley J. Kandzari, MD
Stanley J. Kandzari, MD

VOTED to close the nominations and instruct the Secretary to cast one ballot for the Award slate as presented.

As they were now rotating off the Board of Directors, Dr. Lippert thanked Drs. Barlow Lynch and Keith VanArsdalen for their hard work on the Board and a job well done.

#### **New Business**

Dr. Lippert invited Dr. Jay B. Miller, President-Elect, to come to the podium and presented him with the honorary gavel of the Section. Dr. Miller thanked the Section Membership for electing him to the Presidency and presented Dr. Lippert with a Certificate of Appreciation for her efforts as President of the Mid-Atlantic Section during the past year. He also reminded all to attend the upcoming 2010 Annual Meeting at the Nemacolin Woodlands in Farmington, Pennsylvania.

# IV med

#### **IVUMed Scholar Report**

# Paul Gittens, MD Thomas Jefferson University Mentors: Drs. Paul Dudzinski and Lawrence Hake

Dr. Paul Gittens traveled to Ho Chi Minh City and Hue, Vietnam with mentors Drs. Paul Dudzinski and Lawrence Hake to

Dr. Paul Gittens traveled to Ho Chi Minh City and Hue, Vietnam with mentors Drs. Paul Dudzinski and Lawrence Hake to work with the urologists of Binh Dan Hospital and Hue Central Hospital. Bin Danh has hosted IVUmed Resident Scholars for several years and has become a model site for the program, while this was IVUmed's first resident workshop in Hue.

Dr. Gittens' service in Vietnam was made possible by a generous contribution from the Mid-Atlantic Section of the American Urological Association.

#### About his experience, Dr. Gittens stated:

"At the end of my fourth year of residency, I decided to apply for an international urologic experience with International Volunteers Urology (IVUmed). After being accepted, I learned of the coordinated efforts of IVUmed, The Friendship Bridge, and the Mid-Atlantic Section of the AUA, which provided funding for the mission.

What I found most fascinating was, despite the limitations in equipment and resources, they more than compensated for it in ingenuity and surgical skill. By the end of my rotation, I was more than comfortable placing a stent without fluoroscopy, and dealing with poor optics during TURP and ureteroscopy. I also grew more and more appreciative of what we have at our disposal in the ORs in the United States.

"In Vietnam there is a large emphasis on the extended family. Most homes consist of a couple, children, cousins, and grandparents. Several generations of a patient's family will squat in the waiting hall during surgery to hear word about their loved one. Families take responsibility for providing food for the patient, simple nursing care, and ambulating the patients after surgery. Rarely did I look into a patient's room and not see a family member tending to their needs. The sense of family was also carried over from the residents and attendings to our urology group. We were immediately integrated as part of the surgical team; our opinions about the

surgical procedure and postoperative management were equally weighted when discussing patients. Outside the hospital, we were entertained with various Hue delicacies and they eagerly shared many customs and traditions.

"Overall, my experience in Hue was both educational and life altering. Despite the lack of resources, the attendings and residents exhibited exceptional technical skill in open surgery and also showed an aptitude for endoscopic procedures. They My mission to
Hue has affirmed
my continued
dedication to
international
medicine and
providing care to
areas of need.

exhibited a great sense of pride in their profession and their patients reciprocated with respect and genuine gratitude. My mission to Hue has affirmed my continued dedication to international medicine and providing care to areas of need.

"Once again I would like to give special thanks to the Mid-Atlantic Section of the AUA and Dr. Theodore Ning of the Friendship Bridge program for providing funding for the mission."





#### From the Secretary

(continued from page one)

theme for the meeting, the Section enjoyed the AUA Didusch Museum's "Civil War Medicine" exhibition which gave us a

unique perspective on our specialty during that period.

With our 2010 Annual Meeting planning for Nemacolin Woodlands on September 23-26 well under way, I would, again, like to thank all 2009 attendees who completed the post-meeting electronic surveys; your feedback is very important to the Section as it continues to work in meeting the educational needs of its member and nonmember attendees.

As a complement to the overall historical theme for the meeting, the Section enjoyed the AUA Didusch Museum's "Civil War Medicine" exhibition which gave us a unique perspective on our specialty during that period.

The summary of actions and initiatives from the 2009 Board and Annual Business Meetings can be found on pages 4-5 of this issue of the Mid-Atlantic Newsletter and a list of our new Active and Associate members of the Section are listed on the right. We welcome our new members and look forward to their participation within the MA-AUA. Should anyone have questions on how a member can be more involved please contact the MA-AUA Administrative Offices at:

Mid-Atlantic Section - American Urological Association 900 Cummings Center - Suite 221U

Beverly, MA 01915

Phone: 978.927.8330 / Fax: 978.524.8890

Email: MAAUA@prri.com

Thank you again and I look forward to seeing you at the Nemacolin Woodlands in September.

Louis L. Keeler, III, M.D.



## **NEW MEMBERS**

#### **ACTIVE**

Mara R. Holton, M.D., Annapolis, MD
Charles R. Orth, Jr., M.D., Moorestown, NJ
Timothy M. Powell, M.D., Suffolk, VA
Leslie M. Rickey, M.D., Baltimore, MD
Edward M. Schaeffer, M.D., Baltimore, MD
Andrew M. Shapiro, M.D., Owing Mills, MD
Jennifer Simmons, M.D., Danville, PA
Tiffany M. Sotelo, M.D., Washington, DC
Rosalia Viterbo, M.D., Rockledge, PA
Ilia S. Zeltser, M.D., Rosemont, PA

#### **ASSOCIATE**

Jennifer L. Bepple, M.D., Norfolk, VA
Kevin B. Blumenthal, M.D., Arlington, VA
Justin D. Harmon, D.O., Camden, NJ
Jamison S. Jaffe, D.O., Philadelphia, PA
Alan O. Kusakabe, M.D., Baltimore, MD
Jonah D. Murdock, M.D., Ph.D., Silver Springs, MD
Corey Passman, M.D., Lynchburg, VA
Bartholomew Radolinski, M.D., Bethesda, MD
Jay D. Raman, M.D., Hershey, PA
David E. Rapp, M.D., Glen Allen, VA
Christopher Runz, D.O., Easton, MD
Jason S. Szobota, M.D., Richmond, VA

## **FUTURE MEETINGS**

September 23-26, 2010 Nemacolin Woodlands Hotel Farmington, Pennsylvania

November 3-6, 2011 (joint with New England Section) Walt Disney World Swan Orlando, Florida

October 11-14, 2012 Loews Philadelphia Hotel Philadelphia, Pennsylvania Mid-Atlantic Section of the American Urological Association 900 Cumming Center, Suite 221-U Beverly, MA 01915





# Mid-Atlantic Section of the AUA 68th Annual Meeting

# CALL FOR ABSTRACTS

Submission Deadline: Monday, April 19, 2010 at 11:59 p.m. EST www.maaua.org



September 23 ~ 26, 2010 Nemacolin Woodlands Hotel Farmington, Pennsylavania

