

Mid-Atlantic Section *American Urological Association, Inc.*

NEWSLETTER

Winter, 2008

Michael J. Naslund, M.D.

2007 - 2008 OFFICERS

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PRESIDENT'S MESSAGE

It was an honor for me to assume the presidency of the Mid-Atlantic Section of the American Urological Association at the 65th Annual Meeting in Bermuda this past fall.

I have certainly enjoyed the first few months of my term and am looking forward to leading our Section into what I anticipate will be another successful year for our organization. The Mid-Atlantic has shown itself to be a Section that initiates, or acts upon, new endeavors and we expect to continue in the model during 2008.

The Bermuda Meeting was certainly a unique one that incorporated both a diverse scientific program as well as the outstanding vista of a beautiful venue. I congratulate Dr. Harry Koo and his 2007 Program

Committee on putting together a fine selection of quality papers, insightful panels, interesting special topic lectures, and unique optional offerings with both the AUA coding seminar and the 2-part ultrasound course well-moderated by Dr. Daniel Rukstalis. I would also like to thank Dr. Robert Older who conducted another successful Howard M. Pollack X-Ray Conference. All of this, of course, being supported by a fine social schedule from Local Arrangements Chair, Dr. Stanley Zaslau, whose fireworks signature dazzled everyone at the close of the President's "Beach" Banquet.

Other highlights of the 65th Annual Meeting included an insightful discussion and case study on legal issues moderated by Drs. Mayer Grob and Terrance Malloy. This would then set the

(continued on page 6)

SECRETARY - TREASURER'S CORNER

It is a pleasure for me to have become the Section's Secretary-Treasurer as of the Annual Meeting in Bermuda and I would like to thank the membership for this opportunity. What follows is my report from the 2007 Annual Meeting.

One hundred and seventy-eight physicians and 59 spouses or guests attended the 65th Annual Meeting in October – bringing the total attendance to 237. In addition, 50 companies exhibited with 11 of them having also provided additional funding in support of the 2007 program. Planning is now underway for our return to Cambridge, Maryland on September 25-28, 2008 and I'd like to thank all who completed our post-meeting electronic surveys – your feedback is very important to the Section as it continues to work in meeting the needs of its membership and Annual Meeting attendees.

65th MA AVA Annual Meeting



Southampton Fairmont, Bermuda

In addition to an outstanding scientific program, the MA AUA Annual Meeting included a visit from the "Queen", a spectacular fireworks display, and a search for missing items.













From the Secretary-Treasurer (continued from page one)

The summary of actions and initiatives from the 2007 Board and Annual Business Meetings can be found on pageS 4-5 of this issue of the Mid-Atlantic Newsletter. One of those actions was the decision to support another International Volunteers in Urology scholar in 2008 as this has proven to be a valuable ongoing program. As with previous IVU scholars that have been supported by the Section, a report from



October 1-4, 2009 Williamsburg Inn Williamsburg, Virginia

September 23-26, 2010 Nemacolin Woodlands Resort Farmington, Pennsylvania

Dr. Jonathan Taylor, last year's recipient, is being provided to the membership on page 6 in follow-up to his work in Kenya.

In addition, Dr. Daniel Dietrick, MA-AUA Historian, would like to call the William P. Didusch Center for Urologic History to the membership's attention. This fine museum, which is located at the AUA National Headquarters in Linthicum, Maryland, contains an outstanding collection of historical artifacts and information pertaining to our specialty. Those members who can pay a visit will not be disappointed and those who cannot travel to the museum can learn more by visiting www.urologichistory.museum.

Our Active and Associate new members of the Section are listed on page 8. We welcome our new members and look forward to their participation within the Section. As mentioned at our Annual Business Meetings, we encourage both new and existing members to volunteer for future service within various appointed positions to the AUA. Questions about these positions can be directed to the MA-AUA Administrative Offices at:

Mid-Atlantic Section - American Urological Association 900 Cummings Center - Suite 221U Beverly, MA 01915 Phone: 978.927.8330 Fax: 978.524.8890 Email: admin@maaua.org

Thank you again for the opportunity to serve as your Secretary-Treasurer and I look forward to seeing you in Cambridge, Maryland this fall.

Louis L. Keeler, III, M.D.

2007 Annual Meeting

Resident Prize Essay Winners

CLINICAL INVESTIGATION

FIRST PLACE

Danil V. Makarov, M.D.

Johns Hopkins University School of Medicine The Natural History of Men Managed with Deferred Hormonal Therapy Who Developed Metastatic Prostate Cancer Following Radical Prostatectomy

SECOND PLACE

David J. Kaplan, M.D.

Fox Chase Cancer Center Prostate Cancer Disease Activity Following Definitive Radiation Therapy in Radical Cystoprostatectomy Specimens

THIRD PLACE

Jared Berkowitz, M.D.

Johns Hopkins University School of Medicine Mitrofanoff Continent Cathererizable Conduits: Top Down or Bottom Up?

BASIC SCIENCE

FIRST PLACE

Trinity J. Bivalacqua, M.D.

Johns Hopkins University School of Medicine Molecular Mechanisms of Sickle Cell-Associated Priapism: Effect of Chronic PDE5 Inhibitor Therapy



Recent Activities of the MID-ATLANTIC SECTION of the AMERICAN UROLOGICAL ASSOCIATION BOARD OF DIRECTORS

Summarized from the Annual Business Meeting, October 26, 2007

Report of the President

Dr. McKinney thanked the membership for their support during his Presidency over the last year and expressed his appreciation to Dr. Harry Koo, Program Committee Chairman and to Dr. Stanley Zaslau for his superb efforts in organizing the social activities in Bermuda.

Dr. McKinney reported that an excellent attendance of 162 pre-registered attendees, along with an added 16 onsite registrations, had been achieved for the 2007 Annual Meeting.

The AUA was seeking the names of people to consider for the position of Section liaison for the Development Council of the AUA; interested parties should contact the MA-AUA Administrative Offices.

Report of the Secretary-Treasurer

Dr. Marguerite C. Lippert, Secretary-Treasurer, reviewed the current membership statistics of the Section noting a total of 1,118 members in the Section with 677 Active, 278 Senior, 59 Associate, 4 Honorary, 4 Affiliate and 96 AUA Candidate Members.

Dr. Lippert reviewed the following actions of the Section's Board of Directors from the meetings on Monday, March 26, 2007 and Friday, October 19, 2007:

- The Board voted to accept an offer from the New England Section to have a Joint Annual Meeting in 2011. In addition to having diverse and high-quality scientific sessions, a joint meeting with another Section will offer greater opportunities for collegial networking and sharing of ideas. Both Boards have agreed that a venue out-of-both Sections, such as a resort location, would be preferred and various properties are presently being explored.
- The Board has continued to work with Mike Pretl, legal counsel at the AUA, on the establishment of the new 501(c)(3) entity, to be established along with the Sections 501(c)(6), so that governance can more closely mirror the governance structure of the AUA. Proposed Bylaws for the new 501(c)(3) have been adopted and Mr. Pretl has advised the Board that the final steps for establishing the new entity, which will be called the "MA-AUA Education Fund, Inc." are now taking place.
- The Board submitted the names of Dr. Daniel Rukstalis and Dr. Edouard Trabulsi to the AUA for the new AUA National Urologic Ultrasound Faculty. In addition, the Board submitted the name of Dr. Gerald Jordan as a replacement for Dr. Burkhardt Zorn, who had reached the end of his term, on The Journal of Urology Editorial Board.
- The Board agreed to endorse Dr. Majid Eshghi of the New York Section in his bid for the AUA Treasurer position opening in 2009.

- The Board agreed to participate with the AUA in their plan to create a Research Endowment through the AUA Foundation. The MA-AUA will contribute \$125,000 over the course of 3 years as part of this participation. Dr. Lippert noted that Dr. Schellhammer would be providing additional details on this program in his address that would follow the Annual Business Meeting.
- The Board agreed to support another IVUMed scholar in 2008 with a \$4,000 scholarship as this has proven to be a valuable ongoing program. As with previous IVU scholars that have been supported by the Section, it is being requested that a report be delivered by that individual to the membership after their work through the IVU has been completed. The Board also agreed to again participate in the AUA's 2008-2009 Leadership program.
- The Board accepted an offer from the *Canadian Journal of Urology* to have podium and poster abstracts from this Annual Meeting published in their upcoming December issue. Dr. Lippert noted that, if this proves to be a mutually beneficial arrangement, the CJU would publish abstracts from future Annual Meetings as well.
- The Board of Directors also approved all requests for changes in membership status and received a number of reports from Committees and AUA Representatives.

Dr. Lippert concluded the Report of the Secretary-Treasurer with the Section's financial records as of September 30, 2007 indicating that assets were \$1,176,468; total receipts for the first nine months of 2007 were \$374,105; and total disbursements were \$155,697; resulting in an operating surplus of \$218,408 before most figures pertaining to the 2007 Annual Meeting are included.

Report of the Historian

Dr. Daniel D. Dietrick, Historian, reported that the following members had passed away since the last Annual Meeting and a moment of silence was observed:

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Dr. Russell E. Allyn	Harrisburg, Pennsylvania
Dr. Norman L. Cannon	Villanova, Pennsylvania
Dr. William E. Clark, Jr.	Roanoke, Virginia
Dr. John C. Matthews	Pompano Beach, Florida
Dr. David G. Neander	Hernando, Florida
Dr. David W. Palmer	Sun City Center, Florida
Dr. Abdul Rauf	Washington, DC
Dr. Macy H. Rosenthal	Lynchburg, Virginia
Dr. Emil S. Sayegh	Portsmouth, Virginia
Dr. J. Myron Schneeberg	Elkins Park, Pennsylvania
Dr. Gordon L. Tobias	Wlimington, Delaware
Dr. Yancey A. Sloane	Stamford, Connecticut
Dr. Patrick Devine	Virginia Beach, Virginia
(MA-AUA Past President)	
Dr. Robert Goldstein,	Jarrettsville, Maryland

Dr. Robert Goldstein, (MA-AUA Past President)

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Recent MA AUA Activities

(contined from previous page)

Report of the Representative to the AUA Board of Directors

Dr. Thomas Rohner detailed recent projects which included the Outreach Practice Program, the laparoscopic nephrectomy surgical simulator project, the expansion of the Section Secretaries Membership Council and the divisions that report to it, international initiatives, and various AUA staff changes.

Report of the Program Committee

Dr. Harry P. Koo reported that a total of 142 abstracts had been submitted for consideration by the Program Committee The Program consisted of 30 oral presentations and 23 posters, 5 panel discussions and 3 special topic lectures, 1 special topics discussion along with the 2007 Hugh Hampton Young Lecture by the Honorable Elliott E. Maynard of West Virginia, the Howard M. Pollack X-Ray Conference conducted by Dr. Robert Older on Friday, and a coding seminar luncheon conducted by Stephanie Stinchcomb of the AUA on Saturday. An Ultrasound Training program, moderated by Dr. Daniel Rukstalis, was being conducted and had been divided into 2 afternoons; a Didactic Session on Friday and a Hands-On Session on Saturday. Attendees to the Didactic session will receive CME credit and an evaluation of proficiency test had followed that session. Attendees to the Hands-On session will receive CME credit and a Skills Level II Verification of skills, through the American Urological Association, will be provided to those who have also attended the Didactic session and have passed the evaluation of proficiency test. The Hands-On Training session would be open for those who have attended the Didactic Training session.

New Business

Proposed amendment to the ByLaws which addresses an age change from 62 to 65 to match the same recent AUA Bylaws change with respect to Senior Membership. It was proposed (and subsequently approved) that Section 4 of Article II be amended as follows:

iv. Senior Members

Active members in good standing in the Section on reaching the age of sixty five (65) years are eligible for Senior Membership provided they have been Active Members of this or another Section for at least twenty-five (25) years. Active members who are retired and have been members for twenty (20) years in this or another section, or are permanently disabled, are also eligible for Senior Membership.

Dr. Stanley J. Kandzari brought the issue of increased funding with respect to post-graduate education to the Members present and opined that the AUA National Office be approached on this. It was recommended that a letter be sent directly to the AUA offices. Other added discussion concerned a potential gallop poll to verify an apparent shortage of urologists on the national scale.

American Urological Association Board of Directors Report

S.a.s.

Thomas J. Rohner, Jr., M,.D. MA-AUA Representative to the AUA Board of Directors

Dr. William Steers will begin a four year term as Editor of the Journal of Urology in January 2008. Be sure to read his opening editorial in the January 2008 issue.

Other Journal of Urology appointments include Dr. Deborah R. Erickson to Associate Editor, and Dr. Arthur Burnett, Assistant Editor.

The AUA has leased Washington, DC office space for occupancy December 1, 2007. This satellite office at the Hall of States building includes four private offices, a reception area, and work room. Several staff from the Government Relations, Health Policy and Advocacy Departments will be housed at this location convenient to Capitol Hill to better advance health policy issues for urologists.

In October 2007, the AUA Foundation Development Council proposed the creation of a matching program whereby each AUA section would endow in perpetuity an AUA Foundation Section Research Scholar from each of the 8 AUA sections. These endowments would be used as evidence that practicing urologists regard continuing research important both for our specialty and for patient care. This commitment would be seen as helpful in recruiting additional donor support for the Foundation.

The original proposal was for a 6 million dollar fund with 3 million dollars from the Sections and 3 million dollars from the AUA. This would have had each section contributing \$375,000 which the Board of Directors thought would be difficult for many Sections. The AUA then agreed to a 2 to1 matching program whereby each Section contribution would be \$125,000 with the AUA contributing \$250,000 (in addition to their 3 million dollars). At this time the Mid-Atlantic, Western and North Central Sections have voted to approve funding for this important program. The South Central and Northeastern Sections have agreed and are finalizing details with other Section meetings scheduled later.

Be sure to attend the AUA Annual Meeting in Orlando May 17 – 22, 2008.

From the President

(continued from page one)

stage for the 2008 Hugh Hampton Young Lecturer, The Honorable Elliot E. Maynard of West Virginia, who delivered a unique message on "America's Courts" that was wellpolished with exceptional anecdotal humor. Our Resident Prize Essay program took place on Friday morning and the winners are noted on page 3. My compliments to all of the young urologists who participated and congratulations to the winning authors. In total, 30 oral presentations, 5 panel discussions, and 4 special topic lectures were presented this year, along with a moderated session of 23 posters, making for a well-rounded weekend of quality education.

I am proud to report that our Section will be one of the first to work in tandem with the AUA, and the new AUA Foundation, on a new Research Endowment program through which a Research Fellow from each Section, bearing the Section's name, will be perpetually funded.

Last fall, the MA-AUA Board of Directors also accepted an offer by the Canadian Journal of Urology to publish abstracts from the 2007 Annual Meeting in their December issue. Copies of that issue were distributed to the MA-AUA Membership this past month and it is hoped that publication of our meeting abstracts in the CJU will continue in the years to come. I am also pleased to report that the MA-AUA establishment of a dualcorporation structure with the addition of a 501(c)(3), along with our present 501(c)(6), is now in the final stages. As the AUA and other Sections have this same governance structure, we can expect to benefit from a number of different operational standpoints.

As mentioned earlier in this message, the

MA-AUA has been a leader in taking on new endeavors. I am proud to report that our Section will be one of the first to work in tandem with the AUA, and the new AUA Foundation, on a new Research Endowment program through which a Research Fellow from each Section, bearing the Section's name, will be perpetually funded. As Dr. Paul Schellhammer, AUA President and Past-President of the Mid-Atlantic Section, explained to us in Bermuda this is an important project as the work of our investigators is directly related to the future of urology and, presently, that future is at risk due to recent cuts in national funding for research. In conclusion, I would like to thank my 2008 Annual Meeting Program Chair, Dr. Toby Chai, Local Arrangements Chair, Dr. Michael Phelan, their respective committees, the MA-AUA Board of Directors, and our other committees for the hard work already underway this year.

Thank you again for the privilege of serving as your president and I look forward to seeing you in Cambridge Maryland at the Hyatt Regency Chesapeake Bay for the 2008 Annual Meeting on September 25^{th} to 28^{th} .

Michael J. Naslund, M.D.

International Volunteers in Urology (IVU) Scholar Report

Jonathan Taylor, MD, Eastern Virginia Medical Center / Nairobi, Kenya, April 2007 Mentor: Dr. Donald Lynch

Dr. Jonathan Taylor traveled to Nairobi, Kenya with mentor Dr. Donald Lynch to work with the medical staff and patients at St. Mary's Mission Hospital. Dr. Taylor participated in 27 procedures at St. Mary's.

About his experience, Dr. Taylor stated:

It is with special thanks to the Mid-Atlantic Section of the American Urological Association that so graciously made a grant to International Volunteers in Urology so that I could travel to Nairobi, Kenya for a mission trip this past spring. I will try to summarize below my experiences although I doubt either by word or written language I could express how valuable an experience this was.

I was able to participate in the operating room about four and one half days while I was in Kenya. Their system of care was quite different from what we in the United States are accustomed, and I was astounded by the efficiency of their surgical services.

St. Mary's is located (purposefully) next to one of the largest and poorest "slums" in the world. Kibera, as the slum is referred to, was recently popularized in the book and motion picture "The Constant Gardener." We met many of the children who lived there, some of which attend the school that the Catholic mission runs. Some of the poorest people in our country are much better off than the tens, if not hundreds of thousands of people, who live there, as well as many other smaller "slums" around the city. Interestingly, as opposed to our culture, these poor people were very happy and had a great outlook on life and put a great deal of emphasis on education as a way out of poverty.

Overall this was an invaluable experience. Surgically, socially and academically I think that I returned a much better and more complete surgeon and person than when I left. The experience makes me much more appreciative not only of the world in which I live, but also in the broader world community. Currently I have plans to do presentations for the nursing staff at our hospital and at my local church in hopes of inspiring others to get involved in mission work in some facet. Hopefully, my program at Eastern Virginia Medical School can continue to foster this relationship to provide other residents with this type of experience.

One of the members of the group I am getting ready to join does mission work annually and we have discussed working on this as a long-term commitment. The experience I have described above only strengthens that commitment for future mission work; part of which I hope can be spent supporting the outreach programs of International Volunteers in Volunteers in Urology.

2007 - 2008 SECTION COMMITTEES & REPRESENTATIVES

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Roger E. Schultz, M.D., Chair Gregory E. Dean, M.D. Leonard G. Gomella, M.D. Douglas E. McKinney, M.D. F. Michael Rommel, M.D.

PROGRAM COMMITTEE

Toby C. Chai, M.D., Chair Raymond A. Costabile, M.D., Chair-Elect Misop Han, M.D. Harry P. Koo, M.D. Michael R. Zaragoza, M.D. Michael C. Naslund, M.D., Ex-officio Jan Baum, AUA, Ex-officio Louis L. Keeler, III, M.D., Ex-officio



AUA REPRESENTATIVES

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ACTIVE

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Bethesda, Maryland Williamsburg, Virginia Winchester, Virginia Charlestown, West Virginia Suffolk, Virginia Owings Mills, Maryland Baltimore, Maryland Fairfax, Virginia Arlington, Virginia Philadelphia, Pennsylvania Philadelphia, Pennsylvania Richmond, Virginia Wilmington, Delaware Chevy Chase, Maryland Reston, Virginia Woodbury, New Jersey Norfolk, Virginia

Glenn William Barrisford, MD* Stephen Eric Gwynn, MD* Charlie Jung, MD* Brian Michael Levin, MD Jennifer Sherwood, MD* Paul Sean Van Zijl, MD* Ronald M. Williams, Sr., MD* Bethesda, Maryland Blacksburg, Virginia Richmond, Virginia Owings Mills, Maryland Wynnewood, Pennsylvania Elkton, Maryland Suffolk, Virginia

- Fast Track Associates elected after passing the Part I of the ABU qualifying exam
- 45-Day Turnaround Members elected to Active Membership in June 2007 after passing Part II of the ABU qualifying exam

ASSOCIATE

Membership in the AUA requires sectional membership and vice versa. You may contact the membership department of the MA AUA for an application:

Tel. (978) 927-8330/Email: maaua@prri.com.

Visit the Section's Website: www.maaua.org

We encourage all MA AUA members to check out the website at www.maaua.org where you will find Section news and more:

- The complete Annual Meeting Program with links to the papers presented;
- Section activities and information on upcoming events;
- Section Archives to review past annual meetings and past issues of the Newsletter;
- A "Members Only" area where you can update your membership listing and information.





Mid-Atlantic Section of the American Urological Association 900 Cumming Center, Suite 221-U Beverly, MA 01915 First-Class Mail U.S. Postage PAID Plymouth, MA Permit No. 55